# Slovenian national telemedicine system for remote interpretation of red cell laboratory testing

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# Aim of the presentation

#### To present:

- The use of telemedicine (TM) in Slovenian blood transfusion service (BTS)
- TM system named TeleTransfusion
- Impact of TM on:
  - patient safety
  - organisation of work
  - BTS hospitals relationships



#### **Blood transfusion service in Slovenia**

- 2 million inhabitants
- BTS network consists of 3 main blood establishments and 8 remote Transfusion centers (TCs) and one Blood bank (BB):
  - 1. Blood Transfusion Centre of Slovenia (BTCS) with 6 affiliated remote TCs and 1 BB
  - 2. Centre for Transfusion Medicine (CTM) Maribor with 2 affiliated remote TCs
  - 3. CTM Celje
- Main data for 2014:
  - 62,000 blood donors (11% new donors)
  - 93,000 blood collections (45% mobile session)
  - 185,000 prepared components

### **Telemedicine**

**Telemedicine (TM)** is the delivery of healthcare services with the help of Information and Communication Technologies (ICT) in a situation where the actors are not at the same location.

- In Slovenia TM in transfusion medicine (TeleTransfusion) is used for centralised remote interpretation of pre-transfusion and prenatal tests in Transfusion centers (TCs), whenever transfusion medicine physician (TMP) is not on site
- Timeline of TM use:
  - 2005-2008 used as expert opinion for special patients
  - after 2008 used also for routine cases

# **Slovenian BTS before 2008**



In 11/14 transfusion sites PTT was interpreted by:

•TMP on-site during the day or TMP on standby and called in when needed

•trained physicians of other specialities during out-of-routine hours: afternoons, nights, weekends, holidays

#### **Development of TM system: objectives**

#### **Teleconsultations between 2005–2008**

- to allow an expert opinion to TMPs on other locations when solving special cases
- to advise clinicians on duty involved in interpretation of PTT for their patients
- to reduce sending blood samples to the reference laboratory by selecting cases
- TM system jointly developed by experts from BTCS and University of Ljubljana, Faculty of Electrical Engineering<sup>1</sup>.



<sup>1</sup>Meza M, Breskvar M, Kosir A, Bricl I, Tasic JF, Rozman P: Telemedicine in the blood transfusion laboratory-remote interpretation of pretransfusion tests. J Telemed Telecare 2007; 13: 357-62

#### **Reorganisation of BTS**



- reorganisation of Slovenian BTS occurred between 2008 and 2013
- former Transfusion departments of regional hospitals gradually became remotely located Transfusion centers of BTCS Lj (7 TCs) and CTM Mb (2 TCs)<sup>2</sup>
- organisation of work at the remotely located TCs became responsibility of BTCS and CTM Maribor
- treating physicians from hospitals did not participate in the transfusion service any more (except for emergency cases)
- shortage of TMPs for continuous (24/7) organisation of work at 9 remotely located TCs

#### TM was a solution for interpretation of red cell laboratory testing in remote TCs

<sup>2</sup>Bricl I, Breskvar M, Tasic JF, Meza M, Jeras M, Rozman P: Telemedicine as a support system to blood transfusion service reorganisation in the Republic of Slovenia. Vox Sang 2010; 99: 126-7

# **Slovenian BTS in 2015**



In 3 main Blood establishements TMP is on site 24/7
In 9 TCs TM is used for remote interpretation of PTT, when TMP is not on site

#### TM used routinely after 2008

- After 2008 TM system use extended from expert opinion in complex cases to routine PTT cases
- Since July 2011 two TMPs work as teleconsultants on duty 24/7/365 for dislocated TCs in Slovenia:
  - one in the Ljubljana region and
  - one in the Maribor region

#### Number of TM sessions substantially increased

#### **Two TM regions after 2008**





#### **Development of new version of TM system**

- TM1 system not designed for up to 20,000 consultations a year
- Upgrade of existing (laboratory) platform no longer possible
- 2012: TM2 system developed by Slovenian IT company XLAB in cooperation with experts from BTCS<sup>3</sup>
- Feb 2013 Launch of the upgraded TM2 system

<sup>3</sup>Breskvar M, Macek M, Tonejc M, Vavpotic M: "*The new telemedicine system in Slovenian blood transfusion service*". Informatica medica slovenica 2012; 17: 14-23.

# Procedures performed in transfusion laboratory before issuing blood components

LABORATORY TECHNICIAN	<ul> <li>Acceptance of a request for blood</li> <li>Transfusion lab tests performance</li> <li>Preparing TM session</li> <li>Sending question to a teleconsultant-TMP on duty</li> </ul>
•	
TMP On site /on distant location	<ul> <li>Interpretation of laboratory results from gel cards</li> <li>Discussion on the case, optional order of additional tests</li> <li>Digital signature</li> <li>Sending back the session with results</li> </ul>
•	
LABORATORY TECHNICIAN	<ul> <li>Export of the results to transfusion IT system Datec</li> <li>Confirmation of the results in transfusion IS Datec</li> <li>Printing of the results with digital signature</li> <li>Delivery of blood components</li> </ul>

When TMP is not on-site, TM is used



#### Patient data retrieveal from various sources



## **Technician prepares the TM session**

Capturing images of gel cards by haemoscope

Scanning bar-code of the RBC unit tube





#### The sessions arrive to teleconsultant



#### In-built control of AB0 with historical AB0



#### **Interpretation of results**





#### magnified images of gel card and columns

## **Digital signature**

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#### Number of TM sessions 2005-2014



#### **Extended use of TM**



## **Outcomes of TM**

- Improved patient safety
- Improved organisation of work at remotely located TCs
- Satisfaction of TM users (consultants and technicians)
- Rationalisation of activities in Slovenian BTS
- Better transfusion service to clinicians without their involvement in PTT
- Cost savings<sup>4</sup>

<sup>4</sup>Breskvar M., Vavpotic V.T., Veluscek I. Economic assessment and key success factors of nationwide telemedicine in Slovenian blood transfusion service. IsfTeH-GlobalTelemedicine and eHealth Updates: Knowledge Resources 2015; 8:106-10.

## TM and patient safety

PTT supervised by TMPs 24/7 nation-wide

Safer pre-transfusion practice for sensitised patients: from issuing XM-negative units to Ag-negative XM-negative units

- More equal transfusion service provided for all patients nation-wide
- Quicker response, especially in patients with unexpected antibodies
- More cases solved on site
- Fewer samples transported to the Reference laboratory
- Haemovigilance data between 2002-2014 are too limited to prove significant decrease in SARs due to haemolysis (0-2 cases per year)

#### **Responding time to TM sessions: 86% < 1h**



#### **Rationalisation of activities**

- Four TMPs responsible for all TCs 24/7:
  - **Teleconsultant in Ljubljana region (**for 6 TCs and 1BB)
  - Teleconsultant in Maribor region (for CTM Mb and 2 TCs)
  - TMD in BTCS Ljubljana
  - TMD in CTM Celje
- Teleconsultant can work from any location: all TMPs can be engaged
- Reduction in the number of TMPs in TCs
- Allocation of some TMPs to the BTCS Lj and CTM Mb

#### Discussion

- A unique experience of using a national TM system for remote interpretation of RC tests, connecting BTS and hospitals nation-wide
- Comparable experiences from other countries: limited<sup>5</sup>
- Patient safety improvement: likely, although Haemovigilance data are too limited to show a significant decrease in SARs
- Satisfaction surveys proved that technicians and teleconsultants highly appreciate using TM and TM system functionalities

<sup>5</sup>Berti P, Verlicchi F, Fiorin F, Guaschino R, Cangemi A: The use of telemedicine in Italian Blood Banks: a nationwide survey. Blood Transfus 2014; 12 Suppl 1: 131-6.

### Conclusions

- Effective use of national TM system in transfusion medicine expanding in the last decade
- TM enables continuous centralised remote interpretation of RC tests by TMPs
- 24/7 availability of TMP: safer blood supply for patients and timely response in every distant location
- Hospital physicians provided with improved transfusion service without their involvement in PTT
- TeleTransfusion was the first TM system in Slovenia that succesfully operates routinely

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#### Thank you for your attention!

#### Questions?

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